

Tell A Friend!

# Marin City Senior Health Fair

Tuesday, November 19th  
12:00 - 4:00 PM

Marguerita C. Johnson Senior Center  
640 Drake Avenue, Marin City

Share a meal and hear about these resources for healthy aging at 55+

## Schedule:

12:00 Music

12:30 Panel

- Active Adult Healthcare
- Mobility & Balance
- Financial/Elder Abuse
- Emergency Preparedness
- Companionship Programs
- Trust & Estate Law

1:30 Lunch

2:00 Outdoor Fitness Zone  
Grand Opening

3:00 Food Pharmacy

## Organizations:

2020 Census

A Matter of Balance

Community Action Marin  
Covia

Healthy Eating Active Living/CalFresh  
Lawyers in the Library  
Marin Access

Marin City Community Services Dist.  
Marin City Health & Wellness Center

Marin City Library  
Marin Health & Human Services  
Shore up Marin City

Tamiscal Student Volunteers  
Voter Registration  
Whistlestop

YMCA Swimming program  
YWCA: Fifty+



RSVP At: [marincityseniors.eventbrite.com](https://marincityseniors.eventbrite.com)

